



Team Dolphins
3142 S. Bradford Lane
Blue Springs, MO 64015
816-224-4274
www.TeamDolphins.com

Swim Season 2011-2012

Dear Dolphins Families:

Thank you for your interest in our team! We are dedicated to offering a fun and challenging competitive swim team for all ages. We place a strong emphasis on technique, high quality stroke development, and training.

A theme you will hear throughout the year is 'TEAM.' Your athlete will be forming new friendships and team spirit among the other swimmers and their families. From the involvement of every swimmer in the activities to parents being more involved in the operations, Team Dolphins requires a commitment from every person in the organization to continue our progress.

This year we will continue to use an online registration system and meet entry process. This online system gives Dolphin families instant access to account information and allows swimmers to enter meets and pay meet fees instantly.

New this year, high school swimmers participating in the Senior Group program will receive a 2-month dues reprieve for the two full months that they participate in their high school swimming seasons. (*See enclosed Training Fees description for details.*) Also new is the addition of the Senior Elite program, which is a team of Senior Group swimmers, identified at the discretion of the head coach, who demonstrate the highest standards of commitment and excellence to the Team Dolphins program. (*See enclosed Practice Group Descriptions for details.*)

Additionally, the fundraising obligation has been revised this year to better accommodate our families. No longer is there a per-swimmer fundraising obligation. Instead, each family/household is responsible for one low fundraising commitment.

We hope that you are interested in joining our swim team as we strive to meet personal and team goals. This packet includes a great deal of information on the team's administration, structure, and policies. Please read it carefully, even if you are a returning Dolphins family, as updates have been made. If Team Dolphins is a good fit for your interests in swimming, please complete the online registration located on our website: www.teamdolphins.com

We look forward to you joining our excitement and synergy in 2011-2012 as Team Dolphins continues to build an environment where success is inevitable and fun!

Best regards,

Coaching Staff



MEMBER CLUB





Team Dolphins Contact Information

Mailing Address (send all correspondence):

Team Dolphins
3142 S. Bradford Lane
Blue Springs, MO 64015

Website

www.TeamDolphins.com

General Manager:

Robert Sturman	816-918-2714	rsturman@hotmail.com
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Billing & Administrative Questions:

Julie Sturman	816-224-4274	jsturman19@hotmail.com
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Coach Contacts:

Missouri – Blue Springs

Head Coach	Bryan Difford	573-529-1225	bryandifford@gmail.com
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Assistant Coaches	Matt Burns and Jason Stokes		
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Age Group/Novice Coach	Julie Reilly	816-582-8999	jreilly@teamdolphins.com
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Kansas – Overland Park

Head Coach	Tom Ringwelski	913-385-5230	ringwel@swbell.net ringer@teamdolphins.com
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Parents' Club Chair:

Jenny Morgan	816-809-9493	tjabbm@swbell.net
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2011-2012 TEAM DOLPHINS FEES & POLICY OVERVIEW

PAYMENT PLANS AND MONTHLY BILLING

Contract Payment

Payments will be made online through electronic check or, for an additional fee, credit card: Monthly fees are due on the 1st of each month. They are considered late if not received by the 5th of each month. All fees not received by the 5th of each month will be charged a late fee of \$25.

If a swimmer moves up to a more advanced group, parents must e-mail Julie Sturman to get instructions for updating fee structure on their account. **A swimmer may not change groups until Julie has received such an e-mail.**

No contract will be renewed for a new season until the prior year's contract has been paid in full.

REGISTRATION FEES

USA Swimming requires that every swimmer be a member of USA Swimming. The cost for registering for the 2011-2012 swimming year is \$55 per swimmer.

In order to help with administrative costs, data processing, account set up, and billing, Team Dolphins requires an annual registration fee based on a per swimmer formula by family. The first swimmer is \$80; the second and all remaining swimmers from the same household are \$70 each.

TRAINING FEES

In order to pay for pool rental, coaches' salaries, and other club obligations, each swimmer is required to commit to an annual contract. Because we have limited room and coaching staff, we are required to hold each family to fulfill the contract in order to maintain the programs we have lined up for the year. Fees may be paid up-front or paid over the length of the contract via electronic check or, for an additional fee, credit card.

Fundraisers: (For Example) Flower Sales, Lap-A-Thon, and Tax-Deductible Donations (via United Way or direct check)

	Total Contract	Monthly Payment	Fundraising
Novice	\$960	\$80	\$250
Age Group	\$1140	\$95	\$250
Advanced Age Group	\$1440	\$120	\$250
Senior	\$1680	\$140	\$250
Summer League Prep	\$250	n/a	n/a
High School Prep	\$350	n/a	n/a

- All contracts, with the exception of those offered at the Blue Valley, Kansas site, are 12-month contracts. Blue Valley, Kansas contracts are 9-month contracts with the swim program being offered September through May. (This, of course, alters the total contract price, but the monthly fees remain the same.) A summer contract may be offered in Kansas at a later date if there is great enough interest in such a program.
 - High school swimmers enrolled in the **Senior Group** program during their high school seasons will not be charged monthly dues for those 2 full months when they are participating with their high school programs. Partial months are charged even if swimmers choose not to swim during that time. The months not charged for Missouri high school swimmers are as follows: September and October – Boys; December and January – Girls. The months not charged for Kansas high school swimmers are as follows: December and January – Boys; March and April – Girls. **This high school discount is only offered at the Senior Group level. To receive this discount, contact business manager Julie Sturman in writing 15 days prior to the beginning of the respective high school swim season to let her know your swimmer will be participating in high school swimming and will be taking advantage of this discount.**
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SEASONAL PREPARATION PROGRAMS

Team Dolphins offers a seasonal membership for swimmers wanting to prepare for their high school or summer league season. Swimmers are required to pay the full, non-refundable seasonal preparation fee up-front. Seasonal preparation programs are not pro-rated. Seasonal preparation programs are conditioning programs only. Swimmers do not compete in swim meets. Practices are cancelled on days of swim meets. Swimmers wishing to join Team Dolphins full time after participating in a seasonal preparation program will be subject to all registration fees (USA and Team Dolphins), fundraising commitment, and pro-rated monthly dues. High School Preparation programs practice Monday through Friday for 1 ½ hours (with Advanced Age Group) and the Summer League Preparation program practices Monday, Wednesday, and Friday for 1 ½ hours (with Age Group). Please see Preparation Group in the Practice Group Descriptions section of this document for additional information.

Total Contract

\$350 High School Prep/\$250 Summer League Prep

Dates

High School Prep Session 1: 09/06/2011 – 11/11/2011 (Offered in both Kansas and Missouri)

High School Prep Session 2: 11/28/2011 – 02/17/2012 (Offered in Kansas only)

High School Prep Session 3: 05/28/2012 – 08/03/2012 (Offered in Missouri only)

Summer League Prep 03/26/2012 – 05/25/2012 (Offered in both Kansas and Missouri)

Summer League Prep is available to swimmers in elementary through 8th grade. High School Prep programs are available to swimmers in/entering grades 9-12.

LATE PAYMENT FEES AND PENALTIES

Late Payment Assessments: A fee of \$25.00 will be assessed on the 5th day of the month. Payments are due by the 1st day of each month. The billing system will automatically add the late payment assessment of \$25.00 to accounts not paid in full by the due date.

Additional Late Payment Penalties:

30 days past due: swimmer will not be entered into meets

60 days past due: swimmer will be removed from practice

CONTRACT TERMINATION POLICY

Swimmers in the Senior group **will not** be eligible for terminating a contract under any circumstances. Swimmers in the Novice, Age Group, and Advanced Age Group programs, with 30 days **written notice**, payment of all fundraising and/or volunteer obligations, and a termination fee, may be released from a contract with Team Dolphins. The following will apply to all terminated contracts:

- Final date to submit a written notice of termination is May 1, 2012 (notice must be **received** by business manager Julie Sturman no later than May 1, 2012) for termination of a contract to take place at the conclusion of the month of May. **All contracts will be ineligible for termination after May 30th, meaning that written notification must be received by May 1st in order to terminate.**
- At the time of termination, all fundraising commitments and/or volunteer obligations must be paid in full.
- A termination fee of 15% of the remaining contract balance (monthly dues) must be paid to be released from a contract. A full month's dues **will be** applied for dues payments that are due between the notice of termination and the end of 30 days. Example: If written notification is received April 15th, full dues will be applied on May 1st. 15% of payments for June, July, and August would then be due to terminate the contract and the remaining monthly payments.

SWIM MEET ENTRIES

All swimmers who want to participate in a swim meet must declare their intentions by completing a meet entry online prior to the deadline established for each meet. Meet fees will be paid at the time of entry. No entries will be accepted without payment. Any entries submitted after the deadline may be ineligible for entry into the given meet. A full list of the tentative meets for the short course season as well as the long course (summer) season is available in this packet. It is each family's responsibility to keep track of the deadlines and declaring swimmers' participation in meets. Coaches will ultimately decide appropriate events for swimmers, but swimmers & parents will select events athletes want to swim when they enter the meet. Entries will be e-mailed and, when possible, posted online after the entry deadline prior to the swim meet. For meets that have qualifying times, there will be eligibility reports provided.

Entry fees for meets vary. For most meets, the fees are the following:

Coaches' Fee / Surcharge: \$5.00 -- \$50.00

Per Event Fee: \$3.50 -- \$10.00



COMMUNICATION WITH THE COACH

The Team Dolphins Coaching Staff want to ensure your child has the best swim season possible. In order to be fair to all athletes, we ask that you please do not approach the coaches during practice to discuss your swimmer(s). Instead, please make arrangements with your respective coach either ahead of practice, or immediately following practice. They are more than happy to meet with you, but please also remember they have schedules as well, and do your best to schedule a meeting/discussion ahead of time when it is convenient for all parties.

In addition, anytime you make changes to your email address, phone number, and/or address, please access your account online and update your contact information. This will ensure we have all the ways in which to reach you. .

FUNDRAISING POLICY

Each family will have a fundraising obligation in the amount of \$250. Families can meet this obligation through participation in fundraising events, or they may pay the obligation in-full or make monthly payments online by accessing their online account. Families can buy-out of their obligation at any time. Half (\$125) of fundraising is due by February 15, 2012. The remainder of the fundraising obligation is due by July 31, 2012. The fundraising obligation will be pro-rated to \$125 per family for any family/swimmer joining March 1, 2012 or after. Please note that monies either earned through fundraising efforts or donated through organizations such as United Way can only be applied to the fundraising obligation. Such monies cannot be credited to an account for payment of other fees. Any amounts raised/donated over the \$250 obligation will be accepted as an in-kind donation to the Team Dolphins program.

VOLUNTEER POLICY

Swimming for one of the best teams in the country requires the support and dedication of its swimmers and their parents. As a non-profit organization, Team Dolphins is dependent upon the parents of our swimmers working together to maintain this standard of excellence. There are times throughout the season when our team may be expected to provide volunteers at swim meets which we attend and/or host. We expect our families to share in such volunteer responsibilities when they arise. (See the attached list of meet volunteer job descriptions.) Additionally, we encourage families to volunteer their time as a part of our Parents' Club.

PARENTS' CLUB

The purpose of Team Dolphins Parents' Club is to enlist the assistance of our parents with the many areas of our team that could use enhancement and/or initiatives that we would like to undertake to help promote spirit and unity as a team. It is a great way to get involved and to meet other team parents. If you are interested in becoming a part of the Parents' Club, contact Mrs. Jenny Morgan, Club Chair, at tjabbm@swbell.net or 816-809-9493.



Practice Group Descriptions

The following age group structure is intended to continue our progression towards being the best program anywhere – and offer the best possible product to our customer (you!). Note that the descriptions and guidelines to move into certain groups may change throughout the swimming year based on the needs of the members of each group. Each group is designed to build on the skills each swimmer has and provide a challenge to continue a steady growth through each swimmer's career. Also, based on the numbers and abilities at each site, practice groups may be split and times adjusted to best suit the members of the team.

As early as possible in an athlete's swimming career, it is important to understand that athletes will continue to improve with poor or average stroke technique while they are growing. Once athletes stop growing, they often have trouble swimming faster if their technique is not exceptional. Good practice attendance and attitude at an early stage in an athlete's swimming career can go a long way to ensuring long-term success.

Practice groups are established by ability; therefore, swimmers should practice at the times and locations designated for their respective practice group. If they miss a scheduled practice, they should NOT substitute another group's practice for the one they missed.

Listed below is the necessary training equipment for all groups:

- Fins (soft rubber in appropriate shoe size)
- Water bottle
- Pull buoy
- Stroke Maker hand paddles – appropriate size for age
- Speedo swimsuit (TD Speedo swimsuit required for swim meets)
- Goggles (two pair)
- Cap (required for anyone with long hair) (TD cap required for swim meets)
- Kickboard
- Snorkel (Advanced Age Group, Senior Group, and Senior Elite Group only)
- Mesh bag to hold equipment

For equipment and apparel, please contact Swim Things (www.SwimThings.com)

NOVICE GROUP

The Novice group is an entry-level group of beginning 6 to 12 year olds who are new to competitive swimming and/or swimmers looking to continue to develop sound fundamentals of all four strokes including competitive starts and turns. Novice group swimmers are encouraged to participate in competitions throughout the year. Novice group swimmers practice 2 days per week for 1 hour. See practice schedule page for days/times.

Guidelines to Enter Novice Group

Swimmer must be able to complete the following:

- Swim 25 yards of freestyle unassisted
- Swim 25 yards of backstroke unassisted
- Able to jump into water

Goals of Novice Group

- Swim IM legally
 - Do flips turns
 - Perform track start and backstroke start effectively
 - Acquire basic understanding of the pace clock
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AGE GROUP

Age Group transitions swimmers from introductory competitive swimmers to more experienced competitive swimmers. Age Group swimmers are 8-14 years old with a good understanding of all four competitive strokes. Age Group swimmers practice 3 times per week for 1 to 1 ½ hours. See practice schedule page for days/times. Placement in Age Group is at the coach's discretion.

Guidelines to Enter Age Group

Swimmers will be required to complete a 200 Individual Medley successfully to swim in this group. Swimmers also need to be able to complete three of the following:

- 10x50 free @ 1:25
- 8x25 @ :45 IM order
- Swim under 1:40 yds. in 100 freestyle
- Swim under 2:05yds. in 100 IM
- Coach's overall decision

Goals of Age Group

- Swim 400IM legally
- Improve turns, push-offs and starts
- Learn and improve goal setting skills

ADVANCED AGE GROUP

The Advanced Age Group consists of highly developed swimmers 11 years old and up looking to advance in the training aspects of swimming and continue to improve overall times. Advanced Age Group practice is offered 5 times per week for 1 ½ hours. See practice schedule page for days/times. This program is intended for the age group swimmers who have goals of pursuing their swimming career as far as possible. Placement in Advanced Age Group is at the coach's discretion.

Guidelines to enter Advanced Age Group

- 8x100 free @ 2:00
- Under 4:00 in 200yd freestyle
- Gain approval from Advanced Age Group coach to move up
- Regular practice attendance and meet participation is expected.
- Qualify for Level II, Level I, Division II and Division I
- Coach's overall decision

Goals of the Advanced Age Group

- Achieve Zone qualifying times
- Qualify for Division Championships
- Continue to develop goal setting skills
- Improve technical proficiency

SENIOR

Once swimmers are fully grown and are promoted as far as the Senior program, they must train more and better than they did when they were younger to continue to improve (swim faster). Practice is offered 5-6 days per week for two hours, and morning workouts are also offered. See practice schedule page for day/times. Placement in the Senior Group is at the coach's discretion.

Guidelines for Senior Group

Swimmers entering the Senior program must complete the following and obtain approval of the Senior Coach:

- 10x100free @ 1:30
- 8x50 @ 1:00 kick
- Gain approval from Senior Group coach to move up
- Regular practice attendance and meet participation is expected.
- Qualify for Level I and Division I
- Coach's overall decision

Goals of the Senior Group

- Achieve Sectional, Junior National and/or Senior National qualifying times
- Improve in technical proficiency



SENIOR ELITE

The purpose of this practice group is to motivate Senior Group swimmers to want to achieve more. This group will demonstrate dedication and determination to be the best. This group should illustrate leadership over the whole team and needs to reflect the true “team aspect” of Team Dolphins. There are no additional Team Dolphins fees for this program; however there is an additional cost for gym membership (paid to the gym) required for members of the Senior Elite Group. The registration fees and monthly dues, pool practices, and dryland training (with the exception of weight training at the gym) remain the same as the Senior Group. Senior Elite swimmers will sign-up for the Senior Group program. However, promotion to the Senior Elite Group is at the coach’s sole discretion. The coach will select the athletes who meet the qualifications for being a part of the Senior Elite Group. Guidelines for being selected to this group are more rigid than the guidelines for entering other groups in the Team Dolphins program. Entry into this group must be earned.

Guidelines for Senior Elite Group

Swimmers entering the Senior Elite program must meet the following criteria and obtain approval of the Senior Coach:

- Age requirement: 14 years old (or approval from coach)
- 85% or above practice attendance **required.** Athletes in this group may miss only one practice per week.
- Weights, dryland, and morning practices are **mandatory.**
- Times standards (TBD) are required.
- There will be 3 travel squad meets. These 3 meets are required.
- An additional cost for gym membership (paid to the gym) is required.
- Coach’s sole decision

Goals of the Senior Group

- Achieve Sectional, Junior National and/or Senior National qualifying times
- Improve in technical proficiency
- Balance academic commitment with athletic commitment

PREPARATION GROUP

The Preparation Group is comprised of swimmers looking to prepare for the upcoming high school season or summer league season through stroke development and fitness improvement. The Summer League Prep program is available to swimmers in elementary through grade 8. The High School Prep program is available to swimmers in/entering grades 9-12. See practice schedule page for day/times.

The preparation programs are conditioning programs only. Swimmers do not compete in swim meets. Practices are cancelled on days of swim meets. Swimmers wishing to join Team Dolphins full-time after participating in a High School Prep or Summer League Prep program will be subject to all registration fees (USA and Team Dolphins), fundraising commitment, and pro-rated monthly dues.

Please understand that the High School Prep program is NOT a Senior Group program. Swimmers in the High School Prep and the Summer League Prep programs may swim only at the times and locations designated for those programs. High School Prep may not substitute Senior Group workouts for High School Prep workouts, and Summer League Prep may not substitute Advanced Age Group workouts for Summer League Prep workouts. Additionally, High School Prep swimmers may participate in dry land training held at the pool with swimmers in other practice groups; however, weight training workouts are not included in the High School Prep program.

Goals of the Preparation Group

- Achieve High School State or Club Championship qualifying times
- Improve in technical proficiency

2011-2012 Tentative Swim Meet Schedule

Please note that this schedule is tentative. Coaches reserve the right to add, remove, or replace meets and /or change which practice groups will attend which meets.

SHORT COURSE SEASON					
Meet Start Date	Meet End Date	Meet Description	Location	Standards	Group
24-Sept	25-Sept	NLU Sprint Decathlon	ParkHillAquaticCenter	TBD	TBD
7-Oct	9-Oct	SPA Halloween Classic	DruryUniversity	None	Travel Team
21-Oct	23-Oct	COOL Lightning Spooktacular	Blue Valley West H.S.	TBD	TBD
4-Nov	6-Nov	Tsunami Fall Roundup	HenleyAquaticCenter	None	All Swimmers
11-Nov	13-Nov	KC Splashdown	Gladstone Pool	None	Novice-Adv AG
18-Nov	20-Nov	Jim Devine Memorial Invitational	Mizzou Aquatic Center	Yes	Qualifying Travel Team
1-Dec	3-Dec	Senior Short Course Nationals	Atlanta, GA	SC Nat'ls	All Qualifiers
3-Dec	4-Dec	Level II Championships	Henley Aquatic Center	Level II	All Qualifiers
8-Dec	10-Dec	Short Course Junior Nationals	Minneapolis, MN	SC Nat'ls	All Qualifiers
9-Dec	11-Dec	Level I	Wichita, KS	Level I	All Qualifiers
6-Jan	8-Jan	Polar Bear Meet	Henley Aquatic Center	None	TBD
14-Jan	15-Jan	Midwest All Stars	Lawrence Aquatic Center	Application	All Qualifiers
28-Jan	29-Jan	NLU Last Chance Meet	Henley Aquatic Center	TBD	TBD
10-Feb	10-Feb	MAL 8 and Under Championships	Lee's Summit Aquatic Ctr.	None	8 & Under
11-Feb	12-Feb	MAL Championships	Henley Aquatic Center	None	All Swimmers
24-Feb	26-Feb	Division II Championships	Henley Aquatic Center	DII	All Qualifiers
1-Mar	4-Mar	Sectionals / Region VIII	TBD	SECT	All Qualifiers
9-Mar	11-Mar	Division I Championships	Capitol Federal Topeka	DI	All Qualifiers
LONG COURSE SEASON					
27-Apr	29-Apr	TSA Voorhees-Maxfield Long Course	Capitol Federal Topeka	None	All Swimmers
11-May	13-May	KCB Early Bird Meet	Lee's Summit Aquatic Ctr.	None	All Swimmers
1-June	3-June	TSABeach Bash	Blaisdell Aquatic Topeka	None	All Swimmers
15-June	17-June	Dad's Day Dunk	Vivion Road YMCA	None	Novice-Adv AG
15-June	17-June	CSC Summer Invitational	Mizzou Aquatic Center	Yes	Qualifying Travel Team
5-July	8-July	Lawrence Wave the Wheat	Lawrence Aquatic Center	Yes	All Qualifiers
18-July	21-July	Sectionals/Region VIII	TBD	SECT	All Qualifiers
20-July	22-July	Division II Championships	Lawrence Aquatic Center	DII	All Qualifiers
27-July	29-July	Division I Championships	Ad Astra Pool, Lenexa, KS	DI	All Qualifiers
3-Aug	5-Aug	Central Zone 14 & Under Champ.	TBD	AAA	All Qualifiers
3-Aug	5-Aug	Central Zone 15 & Over Champ	TBD	AAA	All Qualifiers
13-Aug	17-Aug	USAS Junior Nationals	Indianapolis, IN	JRN	All Qualifiers



2011-2012 Team Dolphins Contract

(Please complete online)

I _____, the legal guardian of _____ agree to commit to the Dolphins
(Parent or guardian) (Swimmer)
swim program for the designated period of time indicated below. I understand that monthly dues are due on the 1st of each month for the length of this contract. Registration fees are required for each new swimmer's contract.

Check the appropriate group / contract commitment for the above swimmer **(one swimmer per contract)**
The start date is the first day of the first month that dues are charged; the finish date is the final day the final month dues are charged (August 31, 2012 for Missouri swimmers and May 31, 2012 for Kansas swimmers).

- _____ NOVICE GROUP (2 practices per week)
 - \$55 USA Registration Fee
 - \$80 Team Dolphins Registration Fee (\$70 for second + swimmer per family/household)
 - 12-month contract (Kansas site: 9-month contract) DATES ___/___/___ TO ___/___/___
 - \$960 paid with registration OR
 - 12 monthly payments of \$80 each (Kansas site: 9 monthly payments) – Pro-rated by month joined.
 - \$250 commitment to fundraising efforts (One fundraising commitment per family)

- _____ AGE GROUP (3 practices per week/ up to 5 in June & July)
 - \$55 USA Registration Fee
 - \$80 Team Dolphins Registration Fee (\$70 for second + swimmer per family/household)
 - 12-month contract (Kansas site: 9-month contract) DATES ___/___/___ TO ___/___/___
 - \$1140 paid with registration OR
 - 12 monthly payments of \$95 each (Kansas site: 9 monthly payments) – Pro-rated by month joined
 - \$250 commitment to fundraising efforts (One fundraising commitment per family)

- _____ ADVANCED AGE GROUP (5 practices per week)
 - \$55 USA Registration Fee
 - \$80 Team Dolphins Registration Fee (\$70 for second + swimmer per family/household)
 - 12-month contract (Kansas site: 9-month contract) DATES ___/___/___ TO ___/___/___
 - \$1440 paid with registration
 - 12 monthly payments of \$120 each (Kansas site: 9 monthly payments)
 - \$250 commitment to fundraising efforts (One fundraising commitment per family)

- _____ SENIOR GROUP (5-6+ practices per week)
 - \$55 USA Registration Fee
 - \$80 Team Dolphins Registration Fee(\$70 for second + swimmer per family/household)
 - 12-month contract (Kansas site: 9-month contract) DATES ___/___/___ TO ___/___/___
 - \$1680 paid with registration
 - 12 monthly payments of \$140 each(Kansas site: 9 monthly payments)
 - \$250 commitment to fundraising efforts(One fundraising commitment per family)

- _____ PREPARATION GROUP
 - Seasonal contract DATES ___/___/___ TO ___/___/___
 - \$350 High School Prep paid upfront / \$250 Summer League Prep paid upfront

I agree to commit to the above contract for the given dates. I understand that this contract is for the dates indicated above and that the monthly fees are installments on my annual commitment whether or not my swimmer participates for all 12 months (Kansas: 9 months) of the swimming year. I understand that contracts are to be paid in full regardless of my swimmer's level of participation. I understand that fees paid up front and registration fees are not refundable.

Signed (parent) _____

Print Parent's Name _____

Date _____

Fundraising Contract

I agree to commit to raising \$250 (\$125 if joining March 1, 2012 or after) through fundraising efforts. I understand that if I terminate my contract, the remaining balance must be paid prior to stopping my contract. Also, the first half (\$125) must be paid by February 15, 2012, and the remaining balance must be paid by July 31, 2012. United Way contributions through payroll deductions may be negotiated through Julie Sturman.

Signed _____



2011-2012 REGISTRATION FORM

Family Information

(The information entered will be used for registration, billing and communications. Please complete online.)

Swimmer Name: _____ Preferred Name _____
Last First (legal) Middle (if different than legal name)

Birthday ____/____/____ Age ____ Male / Female

Swimmer's Cell Phone (optional) _____ Swimmer's Email (optional) _____

Did you register with another USA Swimming team in 2010 or 2011? Yes / No

If you registered with another team associated with USA Swimming within the last 12-months, you must fill out a transfer form available online at <http://www.missourivalleyswimming.com/eforms/index.asp> and send it to Team Dolphins prior to your first competition.

Please place a check mark by the appropriate group for the above swimmer:

Novice Advanced Age Group Prep Group
 Age Group Senior Group

Parent 1 _____ Parent 2 _____

Mailing Address _____

City _____ State _____ Zip Code _____ Home Phone _(____) _____

Parent 1 _(____) _____ / _(____) _____ / _____
Work phone Cell phone email (for billing, news and updates)

Parent 2 _(____) _____ / _(____) _____ / _____
Work phone Cell phone email (for news & updates)

I understand that I am entering a contract with Team Dolphins for the swimming year of 2011-2012. As signature to this binding document, I agree to pay the monthly dues through electronic check or, for an additional fee, via credit card for the length of the contract, which monies are due/will be deducted on the 1st of each month. For athletes in the Senior Group, the contract is to be paid in full regardless of termination. If this contract is for a swimmer in the Novice or Age Group programs, I understand I must submit notification in writing 30 days in advance of the termination date and pay an early termination fee in the amount of 15% of the contract's original, remaining monthly dues that would have been collected had the contract not been terminated. (Full dues will be charged for any dues payments collected within the 30 day notice period.) I also understand that no contract can be terminated after May 30, 2012, meaning that written notification of intent to terminate should be received no later than Tuesday, May 1, 2012. In addition, I also understand my obligation to Team Dolphins Swim Team and agree to the following:

- To pay the annual fees associated with having my swimmer participate with Team Dolphins for all or part of the year (electronic check or, for an additional fee, credit card) and agree to all late fees and penalties if applicable.
- To pay or raise the minimum amount of fundraising required for my swimmer's participation.
- To give 30 days written notice should my swimmer no longer wish to participate and, if that occurs, I will pay in-full 15% of the original, remaining monthly dues charged to my account beyond the 30-day notice period and pay all outstanding fees on my account prior to being released. I understand that no swimmer may drop out of an annual contract after May 30, 2012 (with written notice being received no later than May 1, 2012) and that Senior swimmers may not terminate a contract at any time.

Amount due at time of sign-up:

USA Registration	\$55
Team Dolphins Registration	\$80 (\$70 for second+ swimmer per family/household)
First month's dues	\$ _____ (see group fees for descriptions)
Fundraising Deposit	\$10
Total	\$ _____

By signing below, I also give permission to Team Dolphins to use my checking account information noted on the check I am providing at time of sign-up to set-up auto-debit through e-check for my contract's remaining monthly dues.

Parent Name _____ Signature _____ Date _____



2011-2012 Team Dolphins Medical & Liability Release
(Please complete online)

Swimmer's Name: _____

Person to notify in case of emergency:

1. _____ Phone: _____

2. _____ Phone: _____

Physician: _____ Phone: _____

Medical Insurance Company: _____

Medical Insurance Number: _____

Medical Conditions, medications, known allergies, previous hospitalizations, surgeries, illnesses, and injuries:

To Whom It May Concern:

I declare that I am the parent or legal guardian and have full custody and control of _____, a minor. By completing this form and signing below, I allow my swimmer to participate on Team Dolphins Swim Team and register for an annual or seasonal membership with USA Swimming. In the event that said child is injured or should require medical attention, I hereby authorize you to contact our physician as listed above. In the event that this doctor cannot be reached, I hereby authorize a coach or representative of Team Dolphins to secure necessary medical treatment for my child. I further acknowledge that I will be responsible for any medical or hospital fees or costs associated with my child's medical treatment.

In consideration of the above swimmer being permitted to participate with the Dolphins, I (we) hereby release and agree to hold harmless, Team Dolphins, the coaching staff, management and official representatives, from any and all claims and liability, costs and expenses arising out of or resulting from the need of medical treatment for the swimmer. This release also includes practices and any Dolphin sponsored activities in which parents are absent, should their child need medical treatment.

Guardian's Name

Signature of Guardian

Date



Photographs are a great way to share Team Dolphins spirit and are vital to promoting Team Dolphins! Protecting the privacy of our athletes and their families is important to our organization as well. Permission to utilize and share photos of our athletes and family members on the TD Website, in slideshows or team video, displays, publicity, advertising, brochures and other promotional materials will enable TD to share the fun while supporting team growth and opportunities.

PHOTO RELEASE
(Please complete online)

I grant permission to Team Dolphins and its employees or agents to use photographs taken of me for use in team promotion. Photos utilized in website postings or printed materials may list captions identifying the activity and the individual(s) pictured. Although names of minors may be posted on websites, no contact information for minors will be posted on websites, except under password protection.

All such photographs are used without monetary compensation to the persons pictured in Team Dolphins activities. All photographs remain the property of the photographer.

This photo release is not event or time specific, rather it shall serve as a general release for all photo opportunities in the undersigned's participation with the organization. Photos of Team Dolphins activities will be stored and kept for future use under these guidelines. Photos may be used without specific notification to those pictured in the photo.

I hereby waive any right to inspect or approve the finished photographs or printed or electronic matter that may be used in conjunction with them now or in the future, whether that use is known to me, or unknown, and I waive any right to royalties or other compensation arising from or related to the use of the photograph.

I hereby agree to release, defend, and hold harmless the Team Dolphins Board of Directors, and its agents or employees, including any firm publishing and/or distributing the finished product from and against any claims, damages or liability arising from or related to the use of the photographs, including but not limited to any misuse, distortion, or alteration.

I have read this release before signing below, and I fully understand the contents, meaning and impact of this release. I understand that I am free to address any specific questions regarding this release by submitting those questions in writing prior to signing, and I agree that my failure to do so will be interpreted as a free and knowledgeable acceptance of the terms of this release.

Athlete Name--please print

Age

Athlete Signature

Date

Parent/Guardian Name if Athlete is under 21—please print

Parent/Guardian Signature

Date

Team Dolphins



2011-2012 Swimmer's Code of Conduct

(Please complete online)

The following is an agreement between each swimmer with Team Dolphins to promote the highest standards of character, composure and impression during participation in practice, competitions, team activities or any All-Star, Zone or National Team program or camp with Missouri Valley Swimming, USA Swimming or Team Dolphins.

Code of Conduct Rules

1. All team members will be held accountable for knowing, understanding and abiding by the rules of this code of conduct.
2. Any type of physical or sexual harassment or abuse between swimmers will not be tolerated and could result in dismissal from the team.
3. Careless and destructive actions and behavior that harm other's property is unacceptable and could result in dismissal from the team.
4. Use of drugs, other than those prescribed by a licensed physician or nurse, are grounds for immediate dismissal from the team.
5. Use of alcoholic beverages and tobacco products for underage individuals is not tolerated and could result in dismissal from the team.

Team Trip Additions to Code of Conduct

While on team trips, there are additional rules that must be followed:

1. Curfews will be obeyed unless prior approval obtained from the Head Coach.
2. Swimmers or visitors of the opposite sex may not be in each other's rooms on any team trip unless supervised by a chaperone or coach.
3. Swimmers will remain in the custody of the chaperones or coaching staff unless prior arrangements have been made by parents to release the swimmer.
4. Renting movies at the hotel (if available) must be approved by the coach in charge or chaperones prior to renting the movie.
5. Approval must be granted to leave the pool premises and/or hotel campus from the Head Coach – in addition, no one will be allowed to go anywhere without two other people with them or under direct chaperone supervision.

Violation of the Code of Conduct

At the discretion of the Head Coach or team management, any or all of the following penalties will apply.

1. Parents will be notified and a meeting will be held between parents, athlete, coaches, and others as deemed appropriate.
2. Swimmer may be sent home immediately from practice and, if at a meet, will be scratched and sent home via the next available transportation at swimmer's expense.
3. Suspension can and may occur from all team trips and activities.
4. Swimmer may be suspended from the team for a time varying from 1 day to indefinitely – contract will still be expected to be fulfilled financially by swimmer's family.

I _____ (swimmer's name) agree to abide by the rules of conduct as set forth above and acknowledge that should I violate any provision, I will be subject to disciplinary action as listed above, including suspension.

Signature of Swimmer

Date

Signature of Parent

Date



Volunteer Job Descriptions

Starter, Stroke & Turn Official (up to 8 per session)

As a Stroke & Turn Official, you are responsible for enforcement of all swimming rules regarding strokes and turns. You will be responsible for making calls that disqualify swimmers and notifying the swimmer, coaches or other officials of their disqualification. Becoming a USA Swimming Official requires a written test and a series of training sessions at USA Swimming sanctioned events.

Meet Referee (up to 2 per session)

The Meet Referee has the final word regarding all rules, infractions and disqualifications, and is responsible for the safety of all swimmers. The Referee requires 4 years of experience as a Stroke & Turn Official, 2 years experience as a Starter, additional testing and training.

Timers (12-16 per session)

Team Dolphins use up to eight lanes per meet. Each lane requires 2 back up timers at all times. As a lane timer, you will be asked to operate a stop watch and at the same time push an electronic button connected to our electronic timing system. Additional duties include maintaining organization of the individual event cards handed to you by swimmers, and double checking to make sure the correct swimmer is in the correct lane and heat. At the completion of the swimmer's event in your assigned lane, you record their time onto the event card or a heat sheet. A runner then comes by to collect the cards from you. This is a very easy job to do. It's also the best seat in the house! No experience is necessary.

Head Timer (1 per session)

The Head Timer is in charge of all individual lane timers and making sure that each lane is properly staffed. The Head Timer also runs backup stop watches. Previous experience as a Timer is highly desired.

Computer Operator (up to 2 per session)

The computer operator works the Meet Manager Program during the meet which uploads the times from the Timing System and coordinates the final results of the meet. Familiarity with Hy-Tek's Meet Manager software and some computer experience is highly desired.

Timing System Operator (up to 2 per session)

The Timing System Operator works with the electronic timing system and helps with the setup and maintenance of the timing system.

Clerk of Course (up to 2 per session)

The Clerk of Course works with the computer operators to ensure scratches, deck entries and lane assignments are taken care of. The Clerk of Course may also help coordinate the 8 & under swimmers to make sure they are in the proper lanes when starting at the opposite end as the timers.

Hospitality (up to 4 per session)

The Hospitality person is responsible for providing food and drinks for meet officials and coaches. Most coaches and officials are at the meet from beginning to end and this provides them with meals, refreshments and breaks. No experience is necessary.

Meet Announcer (1 per session)

Throughout the meet, the announcer lets the swimmers, coaches and spectators know what event is going on, what event is coming up and in some circumstances results from previous events.

Meet Photographer (1 per session)

The Meet Photographer is responsible for taking casual pictures of swimmers, officials, coaches and spectators throughout the meet. These pictures are later used for publishing on the Dolphin's Website. TD provides an easy-to-use digital camera. All you need to do is press the button, or you can use your own digital camera and submit the photos to your swimmer's coach to post. If you've used a camera before, then you're qualified!

Program Sales (1 per session)

To provide additional revenue to the Dolphins, meet programs (heat sheets) are always sold during the meet. This position is responsible for staffing the table where these items are sold, collecting money from sales, and replenishing the "stock" as necessary. Since most programs are sold as the swimmers arrive for each session, you will need to be at this table prior to the beginning of each meet session. No experience is necessary.

Awards (up to 3 per session)

Not all meets will have awards, however some championship meets will require placing labels on ribbons or medals as the results are posted. Your responsibility will be to label, organize and sort the awards so they're ready to be given to the swimmers at the end of each event. In Championship meets, this position is staffed during the "finals" session only, and not the "preliminary" sessions held earlier in the day. No experience is necessary.

Volunteer Management (1 per session)

Each meet will require a person to keep track of the volunteers that are providing service hours to the meet. This person will tabulate the hours and provide team management with a report of the families to be credited.

