

SWIM QUIK MID-AMERICA LEAGUE EAST CHAMPIONSHIPS

February 11-12, 2012

Entries are due no later than Saturday, January 28th at 9:00 PM

MEET TYPE: Age Group and Senior Timed Finals

TEAM DOLPHINS' COACHES RECOMMEND THIS MEET FOR ALL PRACTICE GROUPS.

LOCATION: Henley Aquatic Center / Bridger Middle School
18200 E. Hwy 78
Independence, MO 64057
816-521-5377

ENTRY LIMIT: 7 individual events for entire meet; no more than 4 events in one day.

Special Senior 1650 Free Event: The Senior 1650 Free will **not** count as one of the 7 events for the meet, is a non-scored event and is limited to non-sectional/Region VIII qualifiers. A maximum of 24 swimmers (3 heats) will swim each day of the meet, Saturday for women and Sunday for men. **Swimmers must be prepared to swim this event immediately at the conclusion of the morning session with their own timer and counter.**

Special 11-12 500 Free Event: The 11-12 500 Free will **not** count as one of the 7 events for the meet but is a non-scored event, and will be limited to non Division I qualifiers. A maximum of 24 swimmers (3 heats) will swim each day of the meet, Saturday for women and Sunday for men. **Swimmers must be prepared to swim this event with their own timer and counter.**

ENTRY FEES: \$4.00 per event
\$10.00 Coaches fee

START TIMES: Saturday and Sunday
Session I
Warm-up group 1: 7:00 – 7:30 a.m.
Warm-up group 2: 7:30 a.m. – 8:00 a.m.
Meet Start: 8:10 a.m.
Session II
Warm-up: Not before 1 p.m.
Meet Start: Not before 2:10 p.m.
Group and lane assignments based on number of swimmers.

You must pay for this meet with your online account; otherwise your swimmer will not be entered in the swim meet. Sign-up instructions are posted on the announcements page of the website.

ORDER OF EVENTS

Saturday, February 11, 2012 Morning Session

GIRLS	EVENT	BOYS
1	10 & Under 200 Medley Relay	2
3	11 & 12 200 Medley Relay	4
5	10 & Under 200 IM	6
7	11 & 12 200 IM	8
9	10 & Under 50 Fly	10
11	11 & 12 100 Fly	12
13	10 & Under 100 Free	14
15	11 & 12 100 Free	16
17	10 & Under 50 Back	18
19	11 & 12 100 Back	20
21	*11 & 12 500 Free	
89	*Senior 1650 Free	

Saturday, February 11, 2012 Afternoon Session

GIRLS	EVENT	BOYS
23	Senior 200 Medley Relay	24
25	13 & 14 200 Medley Relay	26
27	Senior 100 Free	28
29	13 & 14 100 Free	30
31	Senior 200 IM	32
33	13-14 200 IM	34
35	Senior 100 Breast	36
37	13-14 100 Breast	38
39	Senior 200 Fly	40
41	Senior 100 Back	42
43	13-14 100 Back	44
45	Senior 500 Free	46

Sunday, February 12, 2012 Morning Session

GIRLS	EVENT	BOYS
47	10 & Under 200 Free Relay	48
49	11 & 12 200 Free Relay	50
51	10 & Under 50 Free	52
53	11 & 12 50 Free	54
55	10 & Under 50 Breast	56
57	11 & 12 100 Breast	58
59	10 & Under 200 Free	60
61	11 & 12 200 Free	62
63	10 & Under 100 IM	64
65	11 & 12 100 IM	66
	*11 & 12 500 Free	22
	*Senior 1650 Free	90

Sunday, February 12, 2012 Afternoon Session

GIRLS	EVENT	BOYS
67	Senior 200 Free Relay	68
69	13 & 14 200 Free Relay	70
71	Senior 50 Free	72
73	13-14 50 Free	74
75	Senior 100 Fly	76
77	13 & 14 100 Fly	78
79	Senior 200 Breast	80
81	Senior 200 Free	82
83	13 & 14 200 Free	84
85	Senior 200 Back	86
87	Senior 400 IM	88

*Senior 1650 Free on Saturday and Sunday will be limited to swimmers slower than the Sectional/Region VIII time standard and limited to the Top 24. These two events are non-scored.

* 11-12 500 Free on Saturday and Sunday will be limited to swimmers slower than Division I standards and will be limited to the top 24. These two events are non-scored.